



# *Isolation Nation*

*By Max* 

*I've felt scared and lonely and sometimes a bit sad  
But that's ok because ...*

*I've played games over the fence with Daniel and Dad*

*I've missed school, playing out and football fun  
But that's ok because ...*

*I've baked and done school work with Mum*

*I've been missing lots of people like friends and family  
But that's ok because ...*

*We baked cakes for the police and dad delivered them like the Easter  
Bunny*

*I'm normally so active, always out and about  
But that's ok because ...*

*Every morning, in the kitchen, together, we do Joe Wicks' workout*

*So, when this is all over, the first thing I'll do  
Is think "that's ok" because ...*

*Together we can achieve anything, believe me it's true.*