

# Healthy Me!

Spring 1

## Communication & Language

Nursery

Role play support children in developing characters.  
Maintain attention  
Talk in larger groups.  
Begin to follow instructions.

Reception

Listening games to a collection of sounds  
Make up stories, different endings  
Begin to anticipate events in stories

## Physical Development

Nursery

Fundamental Movement Skills  
Yoga  
To learn about different fine motor activities, e.g. threading, cutting...

Reception

Fundamental Movement Skills  
Yoga  
Handle objects safely: Malleable materials.  
Develop larger control using balance bikes

## Personal, Social & Emotional Development

Nursery

Getting on and falling out  
How to work through disagreements  
Sharing  
Talking about favourite toys

Reception

Getting on and falling out  
How to work through disagreements  
Sharing  
Talking about favourite toys

## Literacy

Nursery

Brush, Brush, Brush Your Teeth  
10 Fat Sausages  
Teddy Bears Picnic  
Currant Buns  
Peter Rabbit  
Little Miss Muffet  
Termly Poem  
Following instructions

Reception

To think of and write a short simple sentence.  
Listening to and hearing sounds in CVC and CVCC words.  
Identifying sounds on a sound mat.  
Listens to stories and is beginning to anticipate what may happen next.

## Mathematics

Nursery

Exploring number 1  
Exploring weight  
Exploring number 2

Reception

Introducing 0  
Comparing numbers to 5  
Composition of 4 & 5  
Compare Mass  
Compare Capacity  
Numbers 6,7 & 8  
Comparing 2 amounts  
Making Pairs

## Expressive Arts & Design

Nursery

Observational drawings  
Exploring fastenings  
Composing music

Reception

Artist: Lowry  
Build their own town or city of helpful people in the small world  
Singing and body percussion - Everyone!

## Understanding the World

Nursery

What can I do now that I couldn't do before?  
Love  
Seasonal Change  
Light and Dark  
Know there are different countries in the world and talk about differences they have experienced or seen in photos

Reception

Talk about the lives of people around us and their roles in society  
Chinese New Year  
Valentine's Day  
Recognise some environments which are different from the one in which they live  
Seasonal Change  
Light and Dark

## Key Texts

Nursery

Kitchen Disco  
The Snowflake  
Which Food Will You Choose?  
Daisy, Eat Your Peas!



Reception

A Fruit is a Suitcase for Seeds  
I Can Eat a Rainbow  
The Shopping Basket  
Chicken Clicking  
Troll Stinks  
Mr Wolfs Pancake  
The Body Book  
Slug Needs a Hug  
Olympig  
Supertato  
Oliver's Vegetables  
Oliver's Fruit Salad

## Important Dates

Stay & Play – TBC

Chinese New Year Celebration Day – TBC  
Children are invited to dress up in Chinese inspired clothing or something red.

## Forest School

Tuesday TBC  
Wednesday TBC  
Thursday TBC