



In our class, we all respect each other.

No one person is the same and we should respect that fact.

Everyone is different, everyone can achieve and succeed.



Respect is about thinking of other people and their feelings.

In school, we respect others by:

- considering the needs and feelings of other people;
- being polite to others by using manners, such as saying 'please' and 'thank you';
- celebrating differences.

In our class, we respect each other by:

- | treating everyone with kindness;
- | showing good manners;
- | listening to others;
- | helping each other;
- | talking nicely to one another.





You might know someone with a physical disability or neurodiversity such as: ADHD, Autism, ADD and dyslexia.

At Crawford Village, we treat everyone we meet with kindness and respect.



Let's have a look at some inspirational people with physical disabilities or neurodiversity.

Some you may know, some you won't, but they have all overcome their own challenges and have been very successful.

Sam Holness – Autism

Neuro-diverse athlete Sam Holness sees autism as his superpower.



Londoner Sam Holness is the first openly autistic triathlete to compete at the Ironman World Championships. Having started swimming aged three, Holness tried other sports including archery, judo and running before putting all his energy into triathlon, with a training schedule of 24 hours a week.

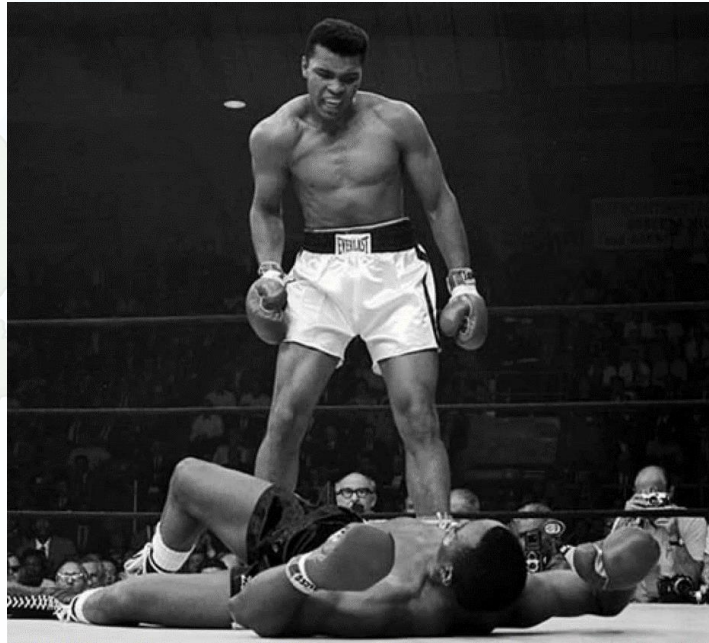
The 29-year-old completed his first full Ironman of a 2.4-mile swim, 112-mile cycle and marathon at the European Championship in Frankfurt in 2022. Sam's long-term goal is to become the first black professional triathlete with autism and encourage other people like him to believe the sport can be for them.

Simone Biles - ADHD



One of the most well-known advocates for understanding neurodivergent conditions is Olympic gold medal winner Simone Biles. The USA gymnastics champion has ADHD and is a strong voice on the importance of mental health and wellbeing. Having won 25 World Championship medals, she is the most decorated gymnast in the history of the Gymnastic World Championships. In addition to her world medals, Simone has 4 Olympic Gold medals, 1 Silver and 2 Bronze. Making a total of 32 Olympic and World Championship medals and she is considered by many to be the greatest gymnast of all time.

Muhammad Ali - Dyslexia



As a teen, world champion boxer Cassius Clay (aka Muhammed Ali) struggled with high school. "Many of my teachers labeled me dumb," he said. "I could barely read my textbooks." He was later found to be dyslexic.

Justil Gallegos - a Marathon Runner With Cerebral Palsy



Justin became famous when the video of Nike presenting him with a surprise contract racked up hundreds of thousands of views. It is fantastic, yet it wasn't easy at all.

When Justin started running, his feet kept turning inward, causing him to fall frequently. But his ambition, his drive, and a good coach together with a good routine helped him through. He graduated and joined the University of Oregon Running Club and went on to sign his 3 year contract with Nike.

On average, Justin ran 45 to 50 miles a week, with a long run and tempos of shorter intervals. He says cerebral palsy pushes him even further, to go beyond his goals and he feels he can be an inspiration to people everywhere with cp. One thing's for sure, he is one of the most vibrant and enthusiastic athletes with cerebral palsy and he shines through every single step.