



Crawford Village
Primary School & Nursery

THE CRAWFORD CHRONICLE

Friday 26th April 2024

Class Attendances

19 th April 2024			26 th April 2024		
C1	C2	C3	C1	C2	C3
100%	97.2%	98.7%	100%	99%	98.7%

School
Target
96%

A note from Class 1...

We have welcomed some more new friends into Class 1 this half term. Our lovely children have welcomed them beautifully and they have settled in fantastically. As well as four new children, we have also welcomed two new pets to our class. Two giant African land snails! The children have named them Mario and Luigi.

Since introducing Mario and Luigi, the children have become snail experts! We have found out the snails are in fact omnivores and love to munch on cuttle fish and spinach. We look forward to seeing them grow over the next few years and maybe even welcome a couple more along the way.

This term our topic is Traditional Tales. As a class, we are reading lots of traditional stories like 'The Gingerbread Man', 'Goldilocks and the Three Bears' and many more. We are also reading different versions of those tales too like 'Jack and the Jellybean Stalk'. We will be planting our own beanstalks and watching them grow over the next few months as well as making some delicious treats using oats. The children in Class 1 love listening to stories and creating their own stories. As a class we will be writing our very own story using characters from a variety of tales.



Coming up @ Crawford...

Diary Dates

Mon	
Tues	Lunchtime - Self-love Club After School - Eco Club
Wed	Before School - Hi 5 Club Lunchtime - Spanish / Chicken Club After School - Craft Club
Thurs	Lunchtime - Brass After School - Football
Fri	Lunchtime - Micro:bit Club / School Council After School - Sports Club
Mon	
Tues	Lunchtime - Self-love Club
Wed	Before School - Hi 5 Club Lunchtime - Spanish / Chicken Club After School - Craft Club
Thurs	Lunchtime - Brass After School - Football
Fri	Lunchtime - Micro:bit Club / School Council After School - Sports Club

Next week:

1st May 2024

YR Trip to Windmill Farm

2nd May 2024

Class Photographs

Later in the half-term:

6th May 2024

May Day Bank Holiday -
School Closed

8th May 2024

Dress Down Day for Summer
Fair - Bottle Tombola

9th May 2024

C2 Trip to Pimbo Garden
Centre

13th May 2024

KS2 Assessment Week

15th May 2024

Parents Meeting Reception
2024 (5.30pm)

17th May 2024

Posh Nosh

Dear Parents, Carers and Children

The summer term has started so well and all the children have been amazing and working really hard in class. This is especially so our fantastic Year 6 pupils who are busy preparing for their upcoming SATs – we are so proud of them for their resilience and the fact that they remain so cheerful and such good role models for everyone else. At the other end of school, we have absolutely loved having some new children join us in Class 1, both in Nursery and in Reception – you are all truly welcome!

Please look out for the exciting events we have planned for the summer term and make a note in your diaries – we would love you to join us whenever you possibly can.

Hope you all have a lovely weekend and that the sun will eventually make a long-awaited appearance!

Mrs Eaton

Mrs Eaton's Column

Award Winners



Star of the Week

C1 Wilf
C2 Lottie
C3 Lucy P

C1 Eddie
C2 Darcy C
C3 Holly



Pride Award

C2 Sam
C3 Charlie

C2 Harriet
C3 Finley Wr



Super Writers

C2 Jenson
C3 Anais
Y3/4 Olivia L

C2 Lillian
C3 Eleanor
Y3/4 Rosie

Housepoints

OWLS



1st

EAGLES



2nd

PHOENIX



3rd

RAVENS



4th

Find us on social media...



Crawford Village Primary School



@crawford_school

Don't forget to log on to your child's Seesaw account. You will find work that they do in school, photographs and videos that are not uploaded to social media and you can upload photos from home. Please ask if you are having any problems logging on and we will help if we can.

Do not forget to check out our school website! You will find details of upcoming events, term dates, important key documents and policies plus lots of information and photographs showcasing what we have been doing in school.





Inconsiderate and dangerous parking around our schools has become a big problem, putting the safety of children and others at risk. We all want to keep our children safe around schools, so here are some top tips on how you can make a difference.

How can you help?

- ✓ Keep your speed down
- ✓ Turn your engine off - do not idle
- ✓ Leave the middle of the road free, with enough room for other road users to easily pass through
- ✓ Make sure your child leaves and enters your vehicle safely onto the pavement
- ✓ Check for pedestrians and cyclists before opening a car door
- ✓ Leave enough room on pavements for pedestrians, pushchairs & wheelchairs to get past
- ✓ Take care when reversing and do not use the school car park as a turning point
- ✓ DO NOT PARK ON ZIG ZAG LINES

Meet the Staff



Mr R Brearley
Class 3 Teacher

Responsibilities:
SENCO
Computing Lead
P.E. Lead
MFL Lead

Hello, I'm Mr. Brearley and I have been working at Crawford Village Primary since April 2022. I have taught in all of the classes at some stage during that, but I'm mainly known for being in Class Three and working as the school's SENDCO. I have been a teacher since 2009 but I have also worked a teaching assistant for a year before studying for my PGCE. Before that I was a bingo caller throughout my time at college and university! Ultimately though, I just love being in school and learning. So much so that I continued to study at Edge Hill while teaching and I do have a Masters Degree in Teaching and Learning as well as another masters Level Qualification in SEND.

My wife's name is Sarah, we have been married for 8 years but she has put up with me for 12 years in total. We have two absolutely beautiful children, Roman who is 4 and Ruby who is 1. The both currently attend a nursery near where we live in Litherland and Roman is due to start school in September. In our spare time we try to do lots of activities as a family, trying to get out as much as possible. Our favourite things to do include: walking along Crosby beach, getting the train into Liverpool and going to the park as much as possible. Personally, I do enjoy some time on my Playstation, playing the drums, Anime, reading and running. I have completed the London Marathon twice and I'm hoping to do it again in the near future. My favourite sports are Mixed Martial Arts (I was a national Kung Fu champion in my youth) and Football (Manchester United) although recently things haven't been going so well with the latter! I am into all types of music, but mainly into Pop Punk and Heavy Metal. Blink 182 will always be my favourite band.

We are delighted to announce that one of our amazing and extremely talented Year 2 children has been presented with the opportunity to attend Potential Olympian swimming sessions at Wavertree Aquatics Centre. These sessions will allow him to further develop as a swimmer and hopefully allow him to reach his potential in the sport of swimming.

We are sure you will agree that this is a fantastic - and inspiring - achievement and we wish him the best of luck!

REMINDER

We have a Bag 2 School collection on Monday 29th April at 9.00am. Any bags can be left next to the side door.

Please refer to

<https://bag2school.com> for full details.



Where?

This week's story looks at events in...



What?

Cricket has become a popular game played by children and young people, who are living in the Shatila refugee camp, located in Beirut.

If people have had to leave their home country for reasons like war, natural disasters or persecution, they are recognised as refugees.

People who have become refugees often cannot return to their country until it is safe, so need to live elsewhere. Some people may go to other countries or find themselves living in refugee camps. The camps offer temporary accommodation and facilities like water. They are often crowded, and people may need to stay for longer.



Why?

An organisation called Alsama helps children and young people living in the Shatila refugee camp access education and sport, including cricket.

People who have become refugees may have experienced difficult challenges, but playing cricket regularly is helping some young people build confidence and discover a new interest. For many living in the Shatila camp, cricket is a new and different sport. Boys and girls join in the games, giving everyone a chance to develop their skills and practise teamwork.

Ola lives in the Shatila camp, and says, "I love hitting the ball really hard. When I hit a six, I feel like I'm achieving my dreams. It's like I'm expressing my aim in life. The ball goes all the way - and so can I."



At The National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ENERGY DRINKS

Energy drinks are highly caffeinated beverages often consumed for a quick energy boost. However, excessive intake can lead to health risks like increased heart rate and sleep disturbances. Statistics underline these products' popularity among young people – many of whom consume them regularly. Here's our expert's advice on addressing the concerns surrounding energy drink consumption in adolescents.

WHAT ARE THE RISKS?

HIGH CAFFEINE CONTENT

Most energy drinks contain high levels of caffeine: often much more than a typical cup of coffee or fizzy drink. Excessive caffeine consumption can lead to increased heart rate, high blood pressure, anxiety, insomnia, digestive issues and – in extreme cases – even more severe conditions. For children and adolescents, whose bodies are still developing, excessive caffeine intake can be particularly harmful.

INCREASED RISK OF HEART PROBLEMS

The combination of high caffeine levels and the other stimulants found in energy drinks can put extra strain on the cardiovascular system. Potentially, this could lead to irregular heart rhythms, palpitations and increased future risk of heart attack – especially in individuals who have an underlying heart condition.

IMPACT ON MENTAL HEALTH

The significant levels of caffeine and sugar in energy drinks can exacerbate anxiety, nervousness and even – in susceptible individuals – contribute to panic attacks. Additionally, the crash that often follows initial energy boost can actually make mood swings worse and possibly lead to feelings of depression and irritability.

DISRUPTED SLEEP PATTERNS

Consuming energy drinks, especially during the afternoon or evening, can disrupt normal sleep patterns. The stimulating effects of caffeine can make it difficult for children and young adults to make it through the night, leading to insufficient rest and, in turn, associated health risks, including impaired cognitive function, mood disturbances and decreased academic performance.

LINKS TO SUBSTANCE ABUSE

Some research has suggested a correlation between energy drink consumption and higher rates of alcohol and drug use among young adults. Young people may misinterpret energy drinks' stimulant effects as counteracting the sedative nature of alcohol. This combination, however, can be dangerous and increase the risk of accidents, injuries and alcohol poisoning.

POTENTIAL FOR DEPENDENCY

Frequent consumption of energy drinks can lead to tolerance – meaning that individuals may need to consume increasing amounts to feel the desired effects. This can continue to increase the risk of dependency and addiction, especially in younger individuals who may be more vulnerable to addictive behaviours.

Advice for Parents & Educators

LIMIT CONSUMPTION

It's vital to educate young people about the potential risks related to energy drinks, emphasising the consequences of excessive caffeine consumption and the benefits of water, herbal teas or natural fruit juices. Encourage healthier alternatives by restricting your own consumption of energy drinks and creating a supportive environment for informed choices.

PROMOTE HEALTHIER HABITS

Schools can help with this issue by including discussions about the possible dangers of energy drink consumption into their health education curriculum. Encourage children and young adults to critically evaluate the marketing messages they see and make informed choices about their health. Teachers could also provide resources and support for children to identify healthier alternatives.

Meet Our Expert

Dr Jason O'Sourke, Headteacher of Washington Academy, champions food education and sustainability – and his school holds the Soil Association's prestigious Gold Catering Mark. Jason has spoken about food education at Westminster briefings and overseas. A member of the All-Party Parliamentary Group on School Food, he co-founded TastEd, a sensory food education charity.

ADVOCATE FOR REGULATION

If this is something you're particularly passionate about, you could work with local health organisations and policymakers to advocate for regulations on energy drink sales to children and young people. Raise awareness among parents, educators and community members about the potential health risks associated with energy drinks and support initiatives promoting healthier options in schools and communities.

SET A POSITIVE EXAMPLE

Adults can model healthy behaviours by visibly choosing alternative beverages instead of energy drinks. Maintain open communication with children and young adults about the reasons for limiting energy drink consumption – underlining the importance of balanced nutrition, adequate hydration and sufficient sleep for overall wellbeing and academic success.

Be smart on internet

What Parents & Educators Need to Know about SHOPPING PLATFORMS

Our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

For people looking to make purchases on their phones, several shopping apps – such as Temu – allow users to buy goods at reduced prices. Others, like Vinted and Depop, let you sell items no longer wanted. As internet shopping continues to grow, however, so does the risk of scammers, hackers and breaches of privacy.

WHAT ARE THE RISKS?

MISSING ITEMS

Users of Vinted, Depop and Temu have reported not receiving their products despite payments being taken. Users can initially contact the seller to query a missing item, and they have between two and five days (depending on the app) to tell the company what has happened. However, once the money has reached the supplier's wallet, it can be quite difficult to get back.

SCAMMERS AND PHISHING

Scammers are always on the lookout for unsuspecting buyers or sellers. Common tactics include contacting shipment of an item once the payment has been processed or asking to conclude the chat and payment outside of the app, where the victim is no longer protected by the buyer protection plan. This should, naturally, be avoided at all costs.

DATA MISUSE

Apps of all kinds frequently collect our data, often asking for more information than is necessary to set up an account. Data gathered in this way is then usually sold on to third parties for marketing purposes. Lately, certain apps have been under scrutiny for using spyware to track their members' activities – but all too often, the user's consent to this practice has been hidden away in the terms and conditions.

FAKES OR REPLICAS

It's certainly not unheard of for poor-quality products to be falsely marketed as luxury items, using misleading pictures or clever wording. These dangerous sales are sometimes cut by suspiciously low price tags, but this isn't always the case. For children and young people especially, there's a risk that the promise of bagging a high-end item for a fraction of its usual price will outweigh any suspicions they may have.

SLOW REFUNDS

While all apps offer a refund if the product is damaged or doesn't match the description, it can take up to a month to be compensated for this. For many people (especially during a cost-of-living crisis) this can be a long time to be without both the product you bought and the hard-earned cash you spent on it.

MISLEADING DESCRIPTION

Some people will be able to notice when, say, a product's photo and its description don't seem to match. This isn't a reliable means of picking up on misleading marketing, however – especially not for children and young people, many of whom may not yet realise that such practices even exist. While it's illegal to advertise an item and sell another, plenty of shady traders use clever wording and omissions to get around this.

Advice for Parents & Educators

ALWAYS STAY ON THE APP

It's vital that users pay for any goods through the same app on which they found them, to ensure they are covered by buyer protection. This means users can avoid allowing them to seek compensation for the lost. Such regulations can't protect you, however, if you don't do the deal through the app in question.

BE WARY OF PHISHING ATTEMPTS

Scammers frequently send messages within these apps to steal personal and financial information from other users. Don't respond to these messages – and under no circumstances should you follow any links they contain. Check for spelling errors, as well as inspecting the name of the sender. Report any suspicious phishing emails to the app's help centre – and notify your bank if you think your financial information has been compromised.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at DC/berAware, who has developed and implemented anti-bullying and cyber safety workshops and research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.

CHECK REVIEWS

Take time to read the reviews and comments left by other users – not just of products, but of sellers and buyers, to ensure they're legitimate and reliable. Before buying an item online, check the reviews for comments about the product's quality, the seller's communication and the delivery time. If you're selling, check the reviews of your buyer for red flags such as frequent requests for refunds or claims of 'missing' items.

KEEP SAFE AS A SELLER

Sellers can be exploited just as much as buyers. Some users may purchase an item, for example, then pretend it didn't arrive to secure a refund. Always take photos of the tracking number to the buyer and keep a copy for yourself, letting you investigate any future claims that it never arrived. When taking photos of items you're selling, ensure nothing personal is in the background.

Source: See full reference list on guide page at nationalcollege.com/guides/energy-drinks

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ChildLine
0800 1111